Symptom checker for heart failure

This symptom checker includes the main symptoms of heart failure and is designed to help you evaluate these potential symptoms. It can serve as a basis for discussion with your doctors. The symptom checker is not intended to be used to diagnose heart failure or to replace medical advice.

On a scale of 0 to 3, where 0 is ‘None’ and 3 is ‘Severe’, please tell us the effect the following symptoms have had on you in the past two weeks.

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Scale</th>
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<tbody>
<tr>
<td>Shortness of breath</td>
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<tr>
<td>Shortness of breath when lying down</td>
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<tr>
<td>Tiredness</td>
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<tr>
<td>Swelling in the ankles, legs and abdomen</td>
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<tr>
<td>Rapid heartbeat</td>
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</tbody>
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Date: DD/MM/YY

**Sudden weight increase**
Have you noticed a weight increase of more than 2kg (about 6lbs) in the past week?

- Yes
- No

**Loss of appetite**
Have you experienced loss of appetite in the past two weeks?

- Yes
- No

**Frequency of urination**
Have you experienced a change in how often you urinate?

- Yes
- No

**Mood**
Has your heart failure affected your mood?

- Yes
- No

**Effect on lifestyle**
Has your heart failure prevented you from doing any activities you used to be able to do or enjoy?

- Yes
- No

Tell your doctor more